

**Volume 42 Number 1**  
**Capital Area Service Committee of Narcotics Anonymous**

Rachelle W., Area Chair, opened the 435th meeting of CASNA on 01/04/26, at 2:00 PM, with the Serenity Prayer. **Rob G.** read the 12 Traditions, and **Sean B.** read the 12 Concepts.

**Agen**

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSRs/New Meetings

Correction/approval of  
the minutes Orders of  
the day

1. Discussion of motions will be limited to GSRs or a group representative only (supported by the 9th concept).  
Extended discussion rests with the chair.
2. A member may speak once on an issue.
3. The Chair must recognize a member to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. For an item to be placed on the agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once on a discussion topic for a maximum of 5 minutes.

Opening the Treasurer's report Groups with  
problems/Group reports:

Subcommittee reports  
RCM and Alternate RCM report  
Old business  
New business  
Discussion Topics  
Closing Treasurer's report

**Quorum:**

**GSR count:** 17 @ 2:07 PM  
16 @ 2:44 PM

**Attendance notes:**

Open Positions:

**Vice Secretary**

**Alt. RCM**  
**Marathon Vice Chair**

**\*\*\*Next Area Meeting is on 02/01/26\*\***

**New GSRs:** Steph R. for Nothing to Fear  
Drew M. for One Disease One Program

**New Meetings:**

**Corrections to Minutes:** None Report.

**Orders of the Day: Moved By:** Sean B. **2<sup>nd</sup> by:** Tyler S.

**Opening Treasurer's Report:**

**Groups with Problems:**

## **Group Reports**

**Acceptance-** Tues 7-8 PM- 64 E North St, Carlisle, PA- No report

**All Are Welcome-** Wed 7-8:15 PM- 54 Bank St, Harrisburg, PA - No report

**Any Lengths-** Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No report

**Back to Basics-** Wed 7:30- 8:30 PM- 135 W Simpson St, Mechanicsburg, PA- No report

**Bottom Line-** Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA -Home group is doing well. We have between 3-50 most are newcomers. The bottom line group will be having a womens/mens rap @ 6th & Forster Sts. from 2 - 11 PM on 01/31/26 Peggy L.

**Clean and Free-** Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No Report.

**Commitment to Change-** Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA-No Report.

**Cut and Dry-** Fri 7- 8:30 PM- 914 S 21st St, Harrisburg, PA (21st & Derry)- No Report.

**Desire to Grow-** Tues 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA – WE HAVE MOVED LOCATIONS, no other news. Sean B.

**Early Bird Gets the Worm-** Sat 9:30 AM- 11 AM- 32 S Front St., Wormleysburg, PA- We haven't met since 12/06/25 when JFT shut down. We are waiting for our insurance to get back from region/world. That's the only thing holding us back from moving into our new building. Once we get our insurance back we will be meeting at the Cornerstone Fellowship Assembly of God. Cesar J.

**Exodus to Genesis-** Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- the home group is thriving and able to keep the doors open for all recovering addicts seeking recovery. Dijawn A.

Gathering Place, The- Sun 6-7 PM- 323 Reno St, New Cumberland, PA -No report

The Ties that Bond Us Together- No report

H.A.N.A- Fri 6:30- 8 PM- 901 N 6th St, Harrisburg, PA- No report

Honesty- Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland,

PA- No report

H.O.W Group- Mon 5:30 PM – JFT 300 Market Street Lemoyne,

PA- No report

Just for Today- Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- Our group is doing good.

We're carrying the message and keeping the door open for addicts to come.

Thanks for allowing us to serve. Gerald W.

Just for Tonight- Sat 8- 9 PM- 300 Market St, Lemoyne, PA- no report

Keeping the Hope Alive- Sun 7:30- 8:45 PM- 300 Market St, Lemoyne, PA - No

report.

Life or Death- Sun 7-8 PM- 221 S 2<sup>nd</sup> St, Steelton, PA- No Report

Linglestown Meeting- Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No report.

Lunch Bunch- Mon-Sat 12- 1 PM- 309 Herman Ave, Lemoyne, PA (In person &

Zoom)- Our business meeting is the first Saturday of each month. We meet 1:15 after the meeting in the basement at 313 Herman Ave, Lemoyne, PA Our Zoom counterpart (ID# 867-2369-5488, pw12345) meets with us as well. We had 3 in person attendees and 5 Zoom attendees. We discussed treasury report and the addition of a Zoom homegroup member to assist our treasurer reporting to all members - homegroup members digitally where we communicate regularly to instill to the best of our ability for tradition 1 unity and tradition 12, where we learn the meaning of service and practicing these principles in all our affairs. The Zoom lunchbunch requested to discuss changing some aspects of the group format, and will report next business meeting the change that fits that format, i.e., clean time keytags moved to the beginning of the meetings, perhaps moving the "We Do Recover," reading towards the end of the Zoom meeting. Some of the Zoom regulars suggested only reading the first part of the How and Traditions, some felt strongly that it should not be changed. Another idea was extending the meeting 15 minutes. Ideas tried will be discussed at our next business meeting that the Zoom counterpart feels best meets the needs of this meeting. Another Zoom fellowship member discussed a conversation had with a member at World level of NA regarding the Lunch Bunch starting a digital imprint such as a website for the purpose of letting newcomers become involved in activities for this newcomer meeting which primarily reaches out to those in recovery houses and rehabs, those who are not employed, as well as the international community on the Zoom platform. Would NA have very clear ideas and recommendations, such as awareness of cost, maintenance, guidelines regarding literature and how only links to literature may be provided. The in-person treasurer provided information regarding our t-shirts for sale for activities in the Lemoyne area. These discussions are ongoing. The in-person meeting struggles

with maintaining consistent chairs for certain days of the week because of the nature of the unique daily meeting serving the newcomer,

Thank you for allowing me to serve. Cat A.

**Message of Hope**- Fri 8-9 PM- 4685 Mt Zion Dr, Enola, PA- no report

**Nothing to Fear**- Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- no report

**O.D.O.P.**- Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA - We get good support. We didn't have meetings this past week so no donation. No motions. Drew M.

**Only Hams are Cured**- Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA – No report

**On Life's Terms**- Mon 6:30- 8:15 PM- 901 N. 6th St. Harrisburg, PA- No report

**Saturday at Swatara**- Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No report

**Share and Care**- Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- No report

**Steps and Traditions**- Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA-No report

**Steps to Freedom**- Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- No report

**Twisted Sisters**- Tues 7- 8 PM- 323 Reno St., New Cumberland, PA- Our group is doing well. No issues at this time. Attendance is between 8-15 people. Jan A.

**Value of Life**- Sun 6- 7 PM- 130 Nittany Dr, Mechanicsburg, PA- Attendance is still light but we do still have newcomers showing up to whom we can carry the message.

Stephen T.

**We Do Recover**- Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

## **Subcommittee Reports**

**Unity Committee**: Group is doing well. Upcoming event on January 17th, 2026. Having flyers made up for Feb, March & April. All rent is paid to bldg & home group, Thanks for allowing me to serve! Rich B. Unity Chair

### **Unity Treasurers' Report: See Attached**

**Literature**: no report

**Policy**: No new policies were adopted in 2025, so the Policy Guide remains current.

The policy log has been updated to include M07.25 P5 which directed the Audit Committee to prepare and present new guidelines for the Committee.

Thank you for letting me serve. Stephen T. Policy Chair

**Public Relations**: Once the Early Bird Gets the Worm group gets the insurance for the new meeting place back we will be meeting with the facility to sign paper work and stuff. We have also been discussing a new position for the subcommittee. We would like a Secretary for PR that the Chair & Vice Chair get to choose. We're still working on what

the position would do in more detail. The intent is to have a member to get more of an understanding on what the subcommittee is/does. Also, hopefully they step up to Vice Chair.

We also don't know who or how to contact the web servette & helpline  
Cesar J PR Chair

**RCM:** no report

**Marathon:** The Holiday Marathons were great. Good support from the area. Thanks to all who made this possible. We have \$91 to give to the marathon account.

Thanks for allowing us to serve. Lisa H. co-chair

**Marathon Treasurers Report: See Attached**

**Audit:** no report

**Hospitals & Institutions:** Jan A. opened the meeting at 12:40 PM. 16 people attended. 9 panel leaders, 6 people working on their requirements. 1 person voted into a panel leader position. We currently are taking meetings into 9 facilities:

**Facility Reports:**

- Arkview- is on Tuesdays 7:30 - 8:30 PM. Jody B. is covering but will start to split with David again in a month or two.
- C-90 - is on Thursdays 7 - 8 PM. Marlin is going to start splitting this with Drew M.
- Common Ground- is on Thursdays 6 - 7 PM. Jan A. and Cesar J. continue to split this.
- Conewago - is on Mondays 7 - 8 PM. Matthew P. Is starting meetings here tomorrow (01/05/26) and we have ordered him a starter kit.
- DCP Women's – is on Mondays 3:30 - 4:30PM. Jan and & Jenny continue to split this.
- DCP Men's – is on Mondays 3:30 - 4:30PM. Marlin continues to take a meeting in.
- New Insights – is on Saturdays 7 - 8 PM. Dana continues to go.
- Women's Work Release (DC) – was Wednesdays 7 - 8 PM. We are trying to contact them to start going again.
- Men's Work Release (DC) – is on Tuesdays 7 - 8 PM. Marlin continues to go.

We are reaching out to the Salvation Army and Women's Work Release to try to start

taking meetings in again now that we have more people willing to serve. We are sending a “speaker sign-up sheet” around the area floor so that Panel Leaders can use it when they don’t have anyone. We voted Rob L. into a Panel Leader position. We are working on getting a stock of literature now that we have lit. coordinator.

Morgan B.

Vice Secretary - Nikki K.

### **New Business:**

**M10.25 P4-** To adopt the following as policy to replace current theft CASNA Policy Page 6, 8e

1. Verify the theft
  - The Audit committee shall complete a thorough review of all books and financial records within 30 days of the discovery of the theft.
  - Determine the amount taken.
  - Identify the individual responsible.
  - Assess which safeguards or procedures failed.
2. Call a meeting within 30 days of the completion of the audit.
  - Notify the individual(s) involved and give them a chance to speak.
  - Use a structured format for the meeting.
  - Include a spiritual break before deciding on action.
3. Restitution Process (if admitted)
  - Develop a restitution agreement with a repayment schedule.
  - Full restitution must be made within two years of the discovery of the theft.
  - Make the agreement legally binding, signed, and witnessed through a rule 586 Dismissal Upon Satisfaction Agreement that clearly delineates the legal consequences if the agreement is not met.
- see:  
<http://WWW.pacodeandbulletin.gov/Display/pacode?file=/secure/pacode/data/234/chapter5/s586.html&d=reduce>
  - Publish a report on the situation and provide updates.
  - Remove the individual from service positions.
4. If the Individual Does Not Appear
  - Make every effort to contact them.
  - Send a registered letter outlining the audit finding and consequences.

- Retain a copy of the letter for records.
- 5. If They Refuse, Default, or Disappear
  - Consider criminal charges as a last resort.
  - Consult area/regional committees and World Services before proceeding.
- 6. Support Recovery
  - Recognize emotional responses like hurt or anger.
  - Encourage the individual to continue their recovery.
  - Offer support as you would to someone who relapsed.

Intent: To update previous policy and clarify procedure in the event of theft.

Concept 11: NA funds are to be used to further our primary purpose, and must be managed responsibly.

Submitted by: Stephen T. GSR Value of Life

Seconded by: Rob W.

**Discussion Feb, Vote March**

**M01.26 P2** Update literature sub-committee policy, the chart of how much we should have in stock to include - Living Clean, Guiding Principles and Spiritual Principles a Day.

Living Clean - 15

Guiding Principles - 10

Spiritual Principles a Day - 10

Intent: To ensure we have enough in stock for Homegroups at area. Policy currently reads 1.

Written by Candice M.

Seconded by Tyler S.

**Discussion Feb, Vote March**

#### **House Keeping Motions:**

**HK1:** That consideration of the items in New Business of the November minutes be deferred until those minutes are corrected.

Intent: To allow all home groups to have the opportunity to review the motions in order to take a group conscience.

Stephen T., 2nd by DiJawn A.

**Motion Passed 16-0-1**

**HK2.** The unity committee will be having a speaker jam on the 17th of the month and we would like a donation of \$100 to help with putting it together.

Intent: So we will be able to pay the DJ and rent and rent to the church and we can put on a nice fundraiser and show a final balance.

Teresa P, 2nd by Rich B

**Motion passed 11-6-0**

**HK3.** To print 1500 corrected meeting lists for MARLCNA

Drew M., 2nd by Sean B.

**Motion passed 11-4-2**

## **Old Business:**

**M07.25 P6-** The ASC executive committee, (ASC chair, vice chair, secretary and treasurer) confirm the amounts stolen from the unity subcommittee and the identity of those believed to have committed the thefts. Upon confirmation of the amount stolen and the persons responsible for the thefts, contact those individuals to arrange for a legally enforceable agreement to repay those funds. Any payments shall be paid directly to the subcommittee from which they were stolen (Unity Subcommittee) and reported by that SC and its monthly report. If either of those

individuals do not respond to attempts to contact them, refuse to enter into an agreement to repay the funds taken or fail to abide by the terms of that agreement, the ASC executive committee will make a police report against that person in the county where the thefts occurred. If criminal charges are filed and the obligation is met, agree to drop

charges against the individual through a rule 586 motion. The executive committee will make a monthly written report detailing the current status of each recovery effort, including steps taken by the committee during the previous month, any amounts paid by the individuals and the current balance of their accounts. Intent: to recover stolen funds (11th concept), formally designate a single point of decision and accountability in this matter, (fifth concept)

provide clear communication to the ASC and groups regarding this matter. (8th concept). Written by: Stephen T.,  
2nd by Gerald. W.

**Discussion: 10/2025 and Voting: Feb**

**Unable to vote due to lack of quorum**

**M10.25 P1-** To amend current policy (CASNA Financial Policy 8E) regarding theft to include a timeframe within which to take legal action and to also specify what legal action is to be taken.

Contact the individual, give them up to 1 year to replace the funds, in the event that they do not comply, file a complaint with the district justice in small claims court in the count where the theft occurred.

Intent- To be able to clearly have direction in how to handle cases of theft.

Written by Rob W, Seconded by Gerald W.

**Discussed in November, Voting in Feb**

**M10.25 P2-** To amend CASNA Audit Committee policy to read: An audit committee will be formed to audit all area accounts quarterly (every 3 months). To include Area Chairperson along with 3 other members of area who have knowledge and/or experience with Bookkeeping/Finances to review all CASNA accounts and report results to ASC as audits are completed.

Intent- To clarify existing policy, CASNA policy page 29. To ensure integrity and effectiveness of communication. Concept 8. To ensure that NA funds are managed responsibly Contempt 11.

Written by Stephen T, Seconded by Peggy L.

**Discussed in November, Voting in Feb**

**M10.25 P3-** To amend Area Service Committee Chairperson duties as follows:

i. Uphold the 12 Traditions and 12 Concepts of Narcotics Anonymous

ii. Arrange the ASC agenda for each meeting.

iii. Preside over regular ASC meetings in an orderly fashion.

iv. Co-signer of ASC bank accounts.

V. Assist Vice Chairperson in the coordination and liaison work between all sub-committees to

assure cooperation of responsibilities.

Vi. Represent CASNA in all matters outside the Fellowship that are not assigned by policy to other officers.

Vii. to present a monthly written report to ASC detailing any events or actions that have occurred

since the last meeting of ASC.

Viii. To organize an audit committee as per policy, chair the committee, conduct audits of all

CASNA accounts with the committee and report all audit findings to ASC.

Intent- to create a single point of decision and accountability for executive duties. Concept 5. To ensure integrity and effectiveness of communication. Concept 8. To follow existing policy.

Written by Stephen T. Seconded by Peggy L  
**Discussed in November, Voting in February**

## Discussion Topics:



<b>Just for Today</b>	P							
<b>Just for Tonight</b>	A							
<b>Keeping the Hope Alive</b>	A							
<b>Life or Death</b>	P							
<b>Linglestown Meeting</b>	A							
<b>Lunch Bunch</b>	P							
<b>Message of Hope</b>	P							
<b>ODOP</b>	P							
<b>Only Hams are Cured</b>	P							
<b>On Life's Terms</b>	A							
<b>Saturday at Swatara</b>	A							
<b>Share &amp; Care</b>	A							
<b>Step and Tradition</b>	P							
<b>Steps to Freedom</b>	P							
<b>The Ties that Bind Us</b>	A							
<b>Twisted Sister</b>	P							
<b>Value of Life</b>	P							
<b>We Do Recover</b>	A							
<b>Total Group Attendance</b>	17							

# CASNA MONTHLY TREASURER JANUARY

		Ck#
Opening Balance	\$1,569.13	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$69.13	
<b>INCOME</b>		
Group Donations	\$144.00	
Literature Income	\$627.90	
T-shirt match		
Marathon	\$92.00	
<b>TOTAL INCOME</b>	<b>\$863.90</b>	
<b>EXPENSES</b>		
Answer First	\$79.40	
Verizon	\$51.73	
Dex Media	\$10.40	
Area Rent	\$50.00	230
Meeting List		
H I	\$99.90	
Unity Teresa	\$100.00	232
<b>TOTAL EXPENSES</b>	<b>\$391.43</b>	

Working Balance	\$541.60
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$2,041.60
Less Reserve to T-Shirts	\$550.00
Balance Available to use	\$1,491.60

<b>Group Donations</b>		Rcpt #	Ck #
Acceptance Group			
All Are Welcome			
Any Lengths			
Back To Basics	\$10.00	567230	
Bottom Line Group			
Commitment To Change			
Cut & Dry			
Desire To Grow			
Early Bird Gets The Warm			
Exodus To Genesis	\$25.00	567229	
Gathering Place			
H.A.N.A.			
Honest Group			
H.O.W. Group			
Just For Today			
Just For Tonight			
Keeping The Hope Alive			
Life Or Death	\$38.00	567233	
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope			
Nothing To Fear			
ODOP			
Only Hams' Are Cured	\$13.00	567232	
On Life's Terms			
Saturday At Swatara			
Share & Care			
Step And Tradition			
Steps To Freedom			
The Ties That Bind Us			
Twisted Sister	\$58.00	567231	
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
<b>Total Group Donations</b>	<b>\$144.00</b>		

Dec. 20<sup>th</sup>

**C.A.N.A UNITY SUB-COMMITTEE  
TREASURES REPORT**

EVENT DATE:

STARTING BALANCE:

\$1,464.00

**INCOME**

ADMISSION:

N/A

FOOD:

\$780.00

MISCELLANEOUS ITEMS:

water & sodas

**SUB-TOTAL:** 1,244.00

**NEW BALANCE:** 1,244.00

**EXPENSES**

FACILITY RENT:

\$45.25

D.J.:

\$250.00

FOOD:

\$397.00

MISCELLANEOUS ITEMS:

\$10 ice + \$7.41 fish

**SUB-TOTAL:** \$441.00

**ENDING BALANCE:** \$441.00

## Marathon Treasurer

12-24/12-25

## Income

Starting	114.00
Sold - Drinks	74.00
End	188.00

Take-Aways

Ice	9.00
Trays and straws	End 19.52
	End 28.52
	End 160.52

## Income

Start

160.52

Drinks -

103.00

End 263.52

## (Take-Aways)

Ice

9.00

~~Coffee~~ and Creamers

35.90

Pizza's

127.03

End

171.93

(Income) 263.52

(Take-away) 171.93

End 91.59